

**THAI CHEF SCHOOL**  
**PROFESSIONAL THAI CULINARY TRAINING**  
**YEAR 2020**  
**6 WEEKS ROTATING TRAINING SCHEDULE**  
**Accredited by Thai Ministry of Education**

**WEEK #1**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
		RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

**WEEK #2**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	CHICKEN IN COCONUT MILK	GRILLED PORK SIRLOIN W/LEMONGRASS	
MANGO STICKY RICE		FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE
SHRIMP WITH SPICY LEMONGRASS SALAD	FRIED SPRING ROLLS			

**WEEK #3**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PANANG CURRY PASTE (prepare)	PORK WITH LIME SAUCE	FRIED SWEET NOODLES WITH PORK	STIR FRIED EGGPLANT WITH MINCED CHICKEN	PRACTICAL COOKING TEST
PANANG CURRY PORK	CRISPY CATFISH GREEN MANGO SALAD	CHICKEN WRAP WITH PANDANUS	SWEET & SOUR PORK	PROFESSIONAL PLATING TECHNIQUES
POMELO SALAD	SPICY GRILLED CHICKEN SALAD	TOM YUM FRIED RICE	STIR FRIED BLACK PEPPER BEEF	
PREPARE THAI CHILI PASTE	GOLDEN BAG	STIR FRIED CHICKEN WITH GINGER	TINY DUMPLINGS IN SWEET COCONUT MILK	

**WEEK #4**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
KNIFE SKILLS TRAINING	NORTHERN CURRY PASTE (prepare)	HOT & SOUR TAMARIND PASTE (prepare)	CHU CHI CURRY PASTE (prepare)	FRUIT CARVING
YELLOW CURRY PASTE (prepare)	NORTHERN CURRY WITH PORK	HOT & SOUR TAMARIND CURRY W/FISH	SHRIMP IN DRIED RED CURRY	
YELLOW CURRY CHICKEN	SPICY LEMONGRASS SHRIMP SALAD W/CHILI PASTE	SHRIMP CAKES & DIP	THAI FRIED RICE	PRACTICAL COOKING TEST
HOT & SOUR SPARERIBS SOUP			DEEP FRIED FISH IN RED CURRY	

**WEEK #5**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
KHAO SOY CURRY PASTE (prepare)	SOUTHERN CURRY PASTE (prepare)	YELLOW CURRY CRAB	SHRIMP WITH ASPARAGUS	PRACTICAL COOKING TEST
KHAO SOY CHICKEN	STIR FRIED PORK WITH SOUTHERN CURRY	DEEP FRIED FISH WITH MIXED HERBS	HERBAL DRINKS AND TEAS	
MAKE TOFU & SOY MILK	BARBECUED PORK WITH RICE	FRIED EGG SALAD WITH BACON	COCONUT PANCAKES	HOMEWORK REVIEW #2 (FOOD MEASUREMENTS)

**WEEK #6**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
JUNGLE CURRY PASTE (prepare)	GRILLED BEEF SALAD	VEGETABLE SOUP PASTE (prepare)	CRISPY MORNING GLORY SALAD	PRACTICAL COOKING TEST
JUNGLE CURRY CHICKEN	MARINATED BEEF & SPICY DIPPING SAUCE		VEGETABLE SOUP	
FRUIT CARVING	STIR FRIED BEEF WITH SPICY HERBS	DEEP FRIED WRAPPED PORK BALLS W/NOODLES	STIR FRIED CLAMS IN CHILI PASTE	HOMEWORK REVIEW #3 (FOOD COSTING)
	STIR FRIED MIXED VEGETABLES IN OYSTER SAUCE	STEAMED CURRIED SEAFOOD		