

THAI CHEF SCHOOL
PAN ASIAN CULINARY TRAINING
 Thai, Chinese, Japanese, Vietnamese, Korean
 4 November 2019-1 January 2021

6 WEEKS ROTATING TRAINING SCHEDULE

NOTE: 6 weeks course is accredited by Thai Ministry of Education

KOREAN

WEEK #6 4-8 November 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI

WEEK #1 11-15 November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI

WEEK #2 18-22 November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**WEEK #3 25-29 November**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 2-6 December (Closed on Thursday, all dishes covered in 4 days)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)	PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	CRISPY VIETNAMESE CREPES	
VIETNAMESE DIP				

JAPANESE**WEEK #5 9-13 December**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)		JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	SAVORY STEAMED EGG CUSTARD
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP		NIGIRI SUSHI	

KOREAN**WEEK #6 16-20 December 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI**WEEK #1 23-27 December**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI**WEEK #2 30 Dec-4 Jan 2020 (Closed Tues & Wed, class on Monday & Thursday-Saturday)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**WEEK #3 6-10 January**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 13-17 January**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)		PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	
VIETNAMESE DIP				

JAPANESE**WEEK #5 20-24 January**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)		JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	SAVORY STEAMED EGG CUSTARD
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP		NIGIRI SUSHI	

KOREAN**WEEK #6 27-31 January**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI**WEEK #1 3-7 February**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI**WEEK #2 10-14 February**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**17-21 February**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 24-28 February**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)		PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	
VIETNAMESE DIP				

JAPANESE**WEEK #5 2-6 March**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)		JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	SAVORY STEAMED EGG CUSTARD
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP		NIGIRI SUSHI	

KOREAN**WEEK #6 9-13 March**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI**WEEK #1 16-20 March**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI**WEEK #2 23-27 March**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**WEEK #3 30 March-3 April**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 6-10 April**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)	PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	CRISPY VIETNAMESE CREPES	
VIETNAMESE DIP				

JAPANESE**WEEK #5 13-18 April (Closed Mon-Wed, all dishes covered Thurs-Saturday)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)	JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	SAVORY STEAMED EGG CUSTARD	HOMework REVIEW #2 (FOOD MEASUREMENTS)
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP		NIGIRI SUSHI	

KOREAN**WEEK #6 20-24 April**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI**WEEK #1 27 April-1 May**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI**WEEK #2 4-8 May**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**WEEK #3 11-15 May**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 18-22 May**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)		PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	
VIETNAMESE DIP				

JAPANESE**WEEK #5 25-29 May**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)		JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	SAVORY STEAMED EGG CUSTARD
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP		NIGIRI SUSHI	

KOREAN**WEEK #6 1-5 June**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI**WEEK #1 8-12 June**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI**WEEK #2 15-19 June**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**WEEK #3 22-26 June**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 29 June-3 July**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)	PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	CRISPY VIETNAMESE CREPES	
VIETNAMESE DIP				

JAPANESE**WEEK #5 6-10 July**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)		SAVORY STEAMED EGG CUSTARD	
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP	JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	NIGIRI SUSHI	HOMework REVIEW #2 (FOOD MEASUREMENTS)

KOREAN**WEEK #6 13-17 July**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI**WEEK #1 20-24 July**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI**WEEK #2 27-31 July**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**WEEK #3 3-7 August**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 10-14 August (Wednesday holiday, all dishes covered in remaining 4 days)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)		PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	
VIETNAMESE DIP				

JAPANESE**WEEK #5 17-21 August**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)		JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	SAVORY STEAMED EGG CUSTARD
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP		NIGIRI SUSHI	

KOREAN**WEEK #6 24-28 August**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI**WEEK #1 31 August-4 September**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI**WEEK #2 7-11 September**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**WEEK #3 14-18 September**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 21-25 September**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)		PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	
VIETNAMESE DIP				

JAPANESE**WEEK #5 28 September-2 October**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)		JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	SAVORY STEAMED EGG CUSTARD
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP		NIGIRI SUSHI	

KOREAN**WEEK #6 5-9 October**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI**WEEK #1 12-16 October**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI**WEEK #2 19-23 October**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**WEEK #3 26-30 October**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 2-6 November**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)		PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	
VIETNAMESE DIP				

JAPANESE**WEEK #5 9-13 November**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)		JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	SAVORY STEAMED EGG CUSTARD
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP		NIGIRI SUSHI	

KOREAN**WEEK #6 16-20 November**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	

THAI**WEEK #1 23-27 November**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LEARN ASIAN INGREDIENTS	GREEN CURRY PASTE (prepare)	PINEAPPLE FRIED RICE	MASSAMAN CURRY (prepare)	RED CURRY PASTE (prepare)
	GREEN CURRY CHICKEN	STIR FRIED CHICKEN WITH CASHEW NUTS	MASSAMAN WITH CHICKEN	RED CURRY WITH ROASTED DUCK
KNIFE SKILLS TRAINING	STEAMED FISH IN SOY SAUCE	PAD THAI	CHICKEN SATAY	PRACTICAL COOKING TEST
	STIR-FRIED PORK WITH SPICY BASIL	RUBIES IN COCONUT MILK	GLASS NOODLES SALAD	

THAI**WEEK #2 30 November-4 December**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPICY PORK SALAD	SWEET CHILI DIPPING SAUCE	FRIED SHRIMP WITH TAMARIND SAUCE	TOM YUM GOONG	PRACTICAL COOKING TEST
SOM TAM	PLUM DIPPING SAUCE	TOM KHA GAI	GRILLED BEEF SIRLOIN	
MANGO STICKY RICE	FRIED FISH CAKES	STIR FRIED MORNING GLORIES	FRIED FISH IN 3 FLAVOR SAUCE	HOMEWORK REVIEW #1 (HACCP)
LEMONGRASS SALAD	FRIED SPRING ROLLS			

CHINESE**WEEK #3 7-11 December (Monday holiday, all dishes covered in remaining 4 days)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHINESE DUMPLINGS (JIAO ZI)	SWEET & SOUR VEGETABLES WITH PORK	STEAMED CHINESE DUMPLINGS (SHUMAI)	DIM SUM SHRIMP DUMPLINGS (HAR GOW)	PRACTICAL COOKING TEST
STEAMED CHINESE BUNS (BAO)	CHOW MEIN	GENERAL TSO'S CHICKEN	CHINESE FRIED RICE	PROFESSIONAL PLATING TECHNIQUES
	KUNG PAO CHICKEN	WONTON SOUP	BARBECUED PORK	

VIETNAMESE**WEEK #4 14-18 December**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KNIFE SKILLS TRAINING	GRILLED SAUSAGES WITH RICE PAPER (NAM NUENG)	GRILLED PORK VERMICELLI SALAD	THAI-STYLE VIETNAMESE NOODLES (KUAY JAB YUAN)	FRESH SPRING ROLLS
VIETNAMESE NOODLE SOUP (PHO)	NAM NUENG DIPPING SAUCE & DISH ASSEMBLY	VIETNAMESE DIPPING FISH SAUCE	CARMELIZED PORK BELLY	PRACTICAL COOKING TEST
SHRIMP WITH SUGAR CANE (CHAO TOM)		PICKLED DAIKON & CARROTS (DO CHUA)	FRIED SPRING ROLLS	
VIETNAMESE DIP				

JAPANESE**WEEK #5 21-25 December**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MISO SOUP	SHRIMP TEMPURA	SIMMERED MACKEREL IN MISO SOUP	TERIYAKI SAUCE (prepare)	PRACTICAL COOKING TEST
COOKING STOCK (DASHI)	FAT SUSHI ROLLS (FUTOMAKI)	PORK CUTLET RICE BOWL	CHICKEN TERIYAKI	
SEASONING VINEGAR FOR SUSHI RICE	UDON NOODLES (make)		JAPANESE SAVORY PANCAKE (OKONOMIYAKI)	SAVORY STEAMED EGG CUSTARD
SUSHI ROLLS WITH SEAWEED WRAP (HOSOMAKI SUSHI)	UDON NOODLES SOUP		NIGIRI SUSHI	

KOREAN**WEEK #6 28 December 2020-1 January 2021 (closed 31 Dec & 1 Jan, all dishes covered Mon-Wed)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABBAGE KIMCHI	BLACK BEAN NOODLES	KOREAN FRIED CHICKEN	SPICY SILKY TOFU SOUP	PRACTICAL COOKING TEST
MIXED RICE WITH VEGETABLES AND BEEF	STIR-FRIED GLASS NOODLES & VEGETABLES	STIR-FRIED BEEF WITH SOY SAUCE	KOREAN SEAFOOD PANCAKES	
SPICY STIR-FRIED SQUID	STIR-FRIED CHICKEN WITH SPICY SAUCE	STIR-FRIED RICE CAKE WITH SPICY SAUCE	STICKY RICE WITH NUTS	HOMEWORK REVIEW #3 (FOOD COSTING)
			RICE-STUFFED HEN IN GINSENG SOUP	